Initial Assessment of Facial Nerve Paralysis based on Motion Analysis using Optical Flow Method

by

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# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>THESIS DECLARATION</td>
<td>ii</td>
</tr>
<tr>
<td>ACKNOWLEDGEMENT</td>
<td>iii</td>
</tr>
<tr>
<td>TABLE OF CONTENTS</td>
<td>iv</td>
</tr>
<tr>
<td>LIST OF TABLES</td>
<td>vii</td>
</tr>
<tr>
<td>LIST OF FIGURES</td>
<td>x</td>
</tr>
<tr>
<td>LIST OF ABBREVIATION</td>
<td>xi</td>
</tr>
<tr>
<td>ABSTRAK</td>
<td>xii</td>
</tr>
<tr>
<td>ABSTRACT</td>
<td>xiii</td>
</tr>
</tbody>
</table>

## CHAPTER 1 INTRODUCTION

1.1 Introduction 1

1.2 Problem Statement 4

1.3 Objectives of Research 5

1.4 Scope of Research 6

1.5 Thesis Outline 7

## CHAPTER 2 LITERATURE REVIEW

2.1 Introduction 8

2.2 Facial Nerve 8

2.3 Facial Paralysis 9

2.3.1 Incidence and Prevalence 10

2.3.2 Causes 11

2.3.3 Symptoms 12

2.3.4 Effects 13

2.4 Facial Nerve Assessment Methods 14

2.4.1 Subjective assessment methods 14

2.4.2 Objective assessment methods 19

2.5 Previous Kanade-Lucas-Tomasi (KLT) Research 27
CHAPTER 3 METHODOLOGY
3.1 Introduction 34
3.2 Ethical Statement 34
3.3 Equipment Installation and Experimental Setup 35
3.4 Landmarks Chosen and Facial Exercise Development Based On Muscle Movement and House-Brackmann (HB) Score 36
3.5 Data Acquisition 40
3.5.1 Database 40
3.5.2 Subjects 41
3.5.3 Protocols of Experiment 42
3.5.4 Extracting Frames from Video Data 43
3.6 Facial Tracking System 44
3.6.1 Kanade-Lucas-Tomasi (KLT) Tracking Algorithm 45
3.6.2 Facial Tracking System using Optical Flow Method 48
3.6.3 Detect and track the landmarks chosen on facial video data 50
3.7 Compute motion changes using Kanade-Lucas-Tomasi (KLT) method 52
3.8 Data Analysis 55
3.9 Summary 59

CHAPTER 4 RESULTS AND DISCUSSION
4.1 Introduction 60
4.2 Experiment Overview 61
4.2.1 Results Evaluation 61
4.3 Experimental Results 62
4.3.1 Experiment 1: Distance Measurement of Three Exercises in Four Conditions 62
4.3.2 Experiment 2: Area Measurement of Three Exercises in Four Conditions 82
4.4 Summary 99
CHAPTER 5 CONCLUSIONS

5.1 Conclusion 101
5.2 Contribution of Research 102
5.3 Research Limitations 103
5.4 Suggestions for Future Work 103

REFERENCES 105

APPENDIX 111

LIST OF PUBLICATIONS 113
<table>
<thead>
<tr>
<th>NO</th>
<th>Table Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.1</td>
<td>House-Brackmann Grading Scale</td>
<td>16</td>
</tr>
<tr>
<td>2.2</td>
<td>Sunnybrook Scale</td>
<td>17</td>
</tr>
<tr>
<td>2.3</td>
<td>Yanagihara Grading System</td>
<td>18</td>
</tr>
<tr>
<td>2.4</td>
<td>Peitersen Grading System</td>
<td>19</td>
</tr>
<tr>
<td>2.5</td>
<td>Nottingham Grading System</td>
<td>22</td>
</tr>
<tr>
<td>2.6</td>
<td>Summarization of Subjective Assessment Methods</td>
<td>31</td>
</tr>
<tr>
<td>2.7</td>
<td>Summarization of Objective Assessment Methods</td>
<td>31</td>
</tr>
<tr>
<td>3.1</td>
<td>List of Selected Landmarks for Distance Measurement</td>
<td>38</td>
</tr>
<tr>
<td>3.2</td>
<td>List of Selected Landmarks for Area Measurement</td>
<td>39</td>
</tr>
<tr>
<td>3.3</td>
<td>Details on Subjects for Database</td>
<td>41</td>
</tr>
<tr>
<td>3.4</td>
<td>Tracking of Landmarks in Measuring Distance</td>
<td>51</td>
</tr>
<tr>
<td>3.5</td>
<td>Tracking of Landmarks in Measuring Area</td>
<td>52</td>
</tr>
<tr>
<td>3.6</td>
<td>Individual Score Chart</td>
<td>56</td>
</tr>
<tr>
<td>3.7</td>
<td>Total Score for Three Exercises</td>
<td>58</td>
</tr>
<tr>
<td>3.8</td>
<td>Grading paralysis based on Total Score</td>
<td>58</td>
</tr>
<tr>
<td>4.1</td>
<td>Distance in the Rise Forehead Exercise in Four Cases</td>
<td>63</td>
</tr>
<tr>
<td>4.2</td>
<td>Percentage and Individual Score in the Rise Forehead Exercise in Four Cases of Distance Measurement</td>
<td>65</td>
</tr>
<tr>
<td>4.3</td>
<td>Distance in the Smile Exercise in Four Cases</td>
<td>66</td>
</tr>
<tr>
<td>4.4</td>
<td>Percentage and Individual Score in the Smile Exercises in Four Cases of Distance Measurement</td>
<td>67</td>
</tr>
<tr>
<td>4.5</td>
<td>Distance in the Close Eyes Exercise in Four Cases</td>
<td>68</td>
</tr>
<tr>
<td>4.6</td>
<td>Percentage and Individual Score in the Close Eyes Exercise in Four Cases of Distance Measurement</td>
<td>70</td>
</tr>
<tr>
<td>4.7</td>
<td>Initial Facial Assessment Table for Normal Subjects in the First Case of Distance Measurement</td>
<td>72</td>
</tr>
</tbody>
</table>
4.8 Initial Facial Assessment Table for Patient Subjects in the First Case of Distance Measurement

4.9 Initial Facial Assessment Table for Normal Subjects in the Second Case of Distance Measurement

4.10 Initial Facial Assessment Table for Patient Subjects in the Second Case of Distance Measurement

4.11 Initial Facial Assessment Table for Normal Subjects in the Third Case of Distance Measurement

4.12 Initial Facial Assessment Table for Patient Subjects in the Third Case of Distance Measurement

4.13 Initial Facial Assessment Table for Normal Subjects in the Fourth Condition of Distance Measurement

4.14 Initial Facial Assessment Table for Patient Subjects in the Fourth Case of Distance Measurement

4.15 Accuracy Table for Four Cases of Distance Measurement

4.16 Area in the Rise Forehead Exercise in Four Cases

4.17 Percentage and Individual Score in the Rise Forehead Exercise in the Four Cases of Area Measurement

4.18 Area in the Smile Exercise in Four Cases

4.19 Percentage and Individual Score in the Smile Exercises in Four Cases of Area Measurement

4.20 Area in the Close Eyes Exercise in Four Cases

4.21 Percentage and Individual Score in the Close Eyes Exercises in Four Cases of Area Measurement

4.22 Initial Facial Assessment Table for Normal Subjects in the First Case of Area Measurement

4.23 Initial Facial Assessment Table for Patient Subjects in the First Case of Area Measurement

4.24 Initial Facial Assessment Table for Normal Subjects in the Second Case of Area Measurement

4.25 Initial Facial Assessment Table for Patient Subjects in the Second Case of Area Measurement
# LIST OF FIGURES

<table>
<thead>
<tr>
<th>NO</th>
<th>Description</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.1</td>
<td>Head and facial muscles</td>
<td>1</td>
</tr>
<tr>
<td>2.1</td>
<td>Anatomy of facial nerve</td>
<td>9</td>
</tr>
<tr>
<td>2.2</td>
<td>The measurement of Nottingham Grading System</td>
<td>21</td>
</tr>
<tr>
<td>3.1</td>
<td>Flowchart of Methodology</td>
<td>35</td>
</tr>
<tr>
<td>3.2</td>
<td>Flowchart of Experiment Protocol for Data Acquisition</td>
<td>42</td>
</tr>
<tr>
<td>3.2</td>
<td>(A) and (B) are two rectangle features; (C) Three-rectangle features; (D) Four-rectangle features</td>
<td>35</td>
</tr>
<tr>
<td>3.3</td>
<td>Extracted Frames from Video Data of Subject</td>
<td>44</td>
</tr>
<tr>
<td>3.4</td>
<td>Image Registration Problem</td>
<td>45</td>
</tr>
<tr>
<td>3.6</td>
<td>Illustration of distance measurement in Rise Forehead Exercise</td>
<td>53</td>
</tr>
<tr>
<td>3.7</td>
<td>Illustration of area measurement in Rise Forehead Exercise</td>
<td>54</td>
</tr>
<tr>
<td>Abbreviation</td>
<td>Description</td>
<td></td>
</tr>
<tr>
<td>--------------</td>
<td>------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>AFA</td>
<td>Automated Facial Analysis</td>
<td></td>
</tr>
<tr>
<td>AU</td>
<td>Action Units</td>
<td></td>
</tr>
<tr>
<td>AVI</td>
<td>Audio Video Interleave</td>
<td></td>
</tr>
<tr>
<td>FNF</td>
<td>Facial Nerve Paralysis</td>
<td></td>
</tr>
<tr>
<td>HB</td>
<td>House Brackmann</td>
<td></td>
</tr>
<tr>
<td>HBGS</td>
<td>House Brackmann Grading System</td>
<td></td>
</tr>
<tr>
<td>KLT</td>
<td>Kanade-Lucas-Tomasi</td>
<td></td>
</tr>
<tr>
<td>LBP</td>
<td>Local Binary Pattern</td>
<td></td>
</tr>
<tr>
<td>MREC</td>
<td>Medical Research and Ethics Committee</td>
<td></td>
</tr>
<tr>
<td>SRA</td>
<td>Maximum Static Response Array</td>
<td></td>
</tr>
<tr>
<td>OP</td>
<td>Optical Flow</td>
<td></td>
</tr>
<tr>
<td>RAD</td>
<td>Resistor-Average-Distance</td>
<td></td>
</tr>
<tr>
<td>RBF</td>
<td>Radial Basis Function</td>
<td></td>
</tr>
<tr>
<td>SLFS</td>
<td>Stennert-Limberg-Frentrup Scale</td>
<td></td>
</tr>
</tbody>
</table>
Penilaian Awal Kelumpuhan Saraf Muka Berdasarkan Analisis Pergerakan Menggunakan Kaedah Aliran Optik

ABSTRAK

Initial Assessment of Facial Nerve Paralysis Based on Motion Analysis using Optical Flow Method

ABSTRACT

Patients with facial nerve paralysis suffer serious functional, cosmetic and psychological problems with impaired ability to communicate both verbally and non-verbally. Rehabilitation for facial paralysis begins with a thorough clinical evaluation in accessing the degree of paralysis. Generally, for assessment of facial nerve dysfunction on patient’s face in daily clinical application, observation-based subjective grading systems by clinicians is been employed. Subjective assessments of facial nerve function are accomplished by inferring nerve function through the observation of voluntary facial movement. These methods usually yield a single value which hypothetically corresponds to the severity of facial paralysis. To date, there are no subjective assessment methods that can reliably produce quantitative information regarding facial nerve function. Previous works have proposed a wide range of methods to obtain objective data to quantify and determine the severity of facial paralysis. However, there is no standardized quantitative method for objective description of facial nerve function. Acknowledging the importance of this facial assessment, this research was conducted to develop an initial assessment method that can classify normal and patient subjects based on facial motion analysis using Optical Flow algorithm as well as categorizing the severity of patient into six levels according to House-Brackmann (HB) system. Prior to initial assessment method been developed, two experiments were conducted to find the best parameter and best measurement for assessing facial paralysis. Distance and area were selected as two measurement parameters which were investigated in this research. A number of mathematical and statistical analyses were performed to determine the best measurement of these parameters. The results indicate that the distance is the best parameter and the value of initial exercise frame is the most important measurement in tracking the changes of facial movement. This thesis also presents the initial facial assessment method which contains the individual scores for each exercise involved in this research and also grading the paralysis for each patient corresponds to HB system. This research showed satisfactory results which was validated by a medical professional in Otorhinolaryngology. This initial facial assessment method may play a pivotal role in initiation of final assessment system for facial paralysis and develop better rehabilitation program for patients.
1.1 Introduction

Facial nerve incorporates about 7,000 individual nerve fibers. Each fiber brings the electrical impulses to a specific facial muscle. All information through the fibers of this nerve permits us to make any facial expression such as laugh, cry, smile, and frown. Human express the emotions such as sadness, surprise, happiness, excitement and confusion through facial expressions. For example, a smile can be interpreted as the sign of happiness while frowning shows some disagreement and sadness. Facial nerve paralysis will take place when some of the individual nerve fibers are disrupted. Besides, the movement of facial muscles starts spasming or twitching if these fibers are irritated. Figure 1.1 shows some of the facial muscles that are responsible for the facial expressions.

Figure 1.1: Head and facial muscles (Knysh B., 2015).
Facial nerve paralysis (FNP) is a common problem which involves the paralysis of any structure innervated by the facial nerve. Literature shows that the prevalent cause of this paralysis is Bell’s palsy, named after Sir Charles Bell (1774-1842). Bell’s palsy is an idiopathic disease category, reporting approximately 50% of the cases (Brach & VanSwearingen, 1999; Singhi & Jain, 2003).

The other possible causes of facial paralysis are due to birth, trauma, neurologic syndromes, infection, metabolic, neoplastic, toxic and iatrogenic (Benecke, 2002). Patients with these paralyses suffer serious functional, cosmetic and psychological problems with impaired ability to communicate both verbally and non-verbally. Numbness can occur on the affected side of the face although no actual sensory loss occurs (Singhi, 2003). Besides, they will be unable to close the eye on the affected side, which can lead to irritation and corneal ulceration. Because of that, the eye should be lubricated with artificial tears until facial paralysis ends (Piercy, 2005). However, the most dramatic impact of the paralysis is its psychological effect where the patients may have low confidence and fear when interacting with others.

A thorough medical history of patients and physical examination are the earliest steps in making a facial diagnosis. Clinicians examine whether the forehead is involved in motor defect or not. This is commonly accomplished by assessing how well a patient can raise his or her eyebrows. The results from this action help in determining which part the lesion is in whether in the upper motor neuron or lower motor neuron of facial nerve component. Rehabilitation is suggested by doctors after patient’s treatment, depending on their condition. It is to regain the function of facial nerves and improve both the strength and flexibility of the nerves. The failure in rehabilitation procedures may lead to the continued weakness and inability to function of facial nerves.
The availability of facial rehabilitation is limited, and most individuals with facial movement disorders have been told to await (spontaneous) recovery or told no effective intervention exists. Consequently, individuals with this paralysis will deal with physical, psychological, and social disability daily. The rehabilitation for facial paralysis begins with a thorough clinical evaluation in accessing the degree of paralysis. It is important to measure the facial disability from onset to the various stages of recovery and also to detect changes over time or after treatment. In the past few decades, several internationally accepted systems have been proposed by different researchers, yet most of the existing systems are subjective. This subjective evaluation refers to various facial nerve grading systems, of which the most widely used is the House-Brackmann (HB) system (Dellanoy & Ward, 2010; Dulguerov, Wang, Perneger, Marchal, & Lehmann, 2003). The facial nerve evaluation will vary over many clinicians and it will result in inaccurate assessment of paralysis.

There is no standardized system yet for facial nerve evaluation which has been accepted for world-wide use. Thus, an objective standardized method, which is easy to perform, low cost and fast, and simple can be a useful clinical tool to detect the level of paralysis in patients with facial palsy and monitor their improvement or performance during and after the rehabilitation procedures. In this study, an initial facial assessment method is proposed to assist clinicians in assessing the facial nerve function. Comparisons have been made between two measurement parameters to determine which one is better to be implemented in the assessment system.
1.2 Problem Statement

The problems that motivate this study are the limitation of standard facial nerve assessment, subjective clinical assessment by clinicians or physiotherapist, and the requirement of printed scores during evaluation of facial nerve function.

A. Limitation of Standard Facial Nerve Assessment

There are many grading systems such as House-Brackmann (HB), Yanagihara and Sunnybrook system and also assessment methods available to evaluate the facial nerve function. However, no standardized system is used by clinicians because the previous systems have not achieved the requirement to be an ideal system for assessing facial paralysis. Mostly, all the assessment methods are based on the HB system. So, an initial assessment method which can give an objective measurement for both sides of the face, simple, easy to use, and based on the HB system is an ideal assessment method to evaluate the facial nerve function.

B. Subjective Clinical Assessment by Clinicians

No objective assessment of patient’s nerve functions in real life application is clinically available. The results vary depending on the clinicians’ observation and the evaluation is not standardized (Meier-Gallati, Scriba, & Fisch, 1998). Sometimes, the person who is still in a paralyzed state is treated as normal because the evaluation is only based on the clinicians’ naked eyes. An objective assessment which provides quantitative measurement can reduce the time for grading the paralysis and make it reliable to all the patients, even with different clinicians or physiotherapists’
assessment (Murty, Diver, Kelly, & O’Donoghue, 1994). Even though the patient is still in the same level of HB scores, the clinicians are able to see how much their patients have improved in performance of rehabilitation based on the objective measurement.

C. Requirement of Printed Scores during Evaluation of Facial Nerve Function

The clinicians and doctors have to refer to the printed scores on sheets of paper and make their subjective evaluation based on the patients’ movements (Isono, Murata, Tanaka, Kawamoto, & Azuma, 1996; He Soraghan, O’Reilly, & Xing, 2009). Apart from referring to the scores, some of them need to compare the snapshots taken during the rehabilitation program to evaluate the performance of patients. The initial objective assessment will assist the clinicians in detecting the level of paralysis and record the performance of patients. It will help clinicians to acknowledge the patients’ improvement during rehabilitation program.

1.3 Objectives of Research

The main objective of this project is to develop an initial facial assessment for facial nerve paralysis based on motion analysis using Optical Flow (OF) method. The sub-objectives of this research include:

1. To explore and identify all possible facial muscles which are involved in the desired rehabilitation facial exercises.

2. To determine potential landmarks on the face based on muscle movement and medical professional’s recommendation.
3. To track the landmarks over the time (in the image frames) successfully by applying optical flow algorithm.

4. To investigate the most suitable measurement parameter based on motion analysis to be implemented in the initial assessment of facial nerve function.

5. To validate the performance of the initial facial assessment system, which is able to differentiate between normal and patient subjects, detect the level of paralysis with the HB system and compare the results with a clinician’s evaluation.

1.4 Scope of Research

The scope of this research is to develop an initial facial nerve assessment to evaluate the facial nerve function. This research will analyze two parameters which are possible to evaluate the facial nerve function, which is distance and area. The proposed assessment method will be able to differentiate between normal and patient subjects, determine which side of face that is paralyzed and also able to predict the level of paralysis based on the HB scoring system. The data for this research are normal data (healthy subjects) and patient data (Bell’s palsy patients from Hospital Tunku Fauziah (HTF). Bell’s palsy is the common cause of facial paralysis which is reported in HTF. This assessment method will be validated by appropriate medical professionals from HTF.
1.5 Thesis Outline

In Chapter 1, the general idea of this research which is to develop an initial facial nerve assessment for facial paralysis has been briefly presented. The problem statement, research’s objectives and scope are explained in this chapter. Theoretical studies and relevant literature are presented in Chapter 2. The physiology study on facial nerve and facial paralysis are explained thoroughly in this chapter. Previous works done on facial assessment method for facial paralysis is also discussed in this chapter. Chapter 3 focuses on the research methodology which is to develop an initial facial assessment for facial paralysis. The process of data acquisition, landmark placement, tracking the landmarks on the face, and the scores of the facial nerve function based on the exercise done by the subjects are discussed in detailed in this chapter. Results and discussion will be presented in Chapter 4. The results from the experiment are analyzed and explained in this chapter. Validation of the results by a medical professional from the Otorhinolaryngology department of HTF is also presented. Overall conclusion is summarized in Chapter 5. Contributions of the research are highlighted along with the challenges experienced during the research period. Finally, suggestions for future work are given at the end of this chapter.
CHAPTER 2

LITERATURE REVIEW

2.1 Introduction

This chapter presents the overview of facial nerve and the type of facial nerve paralysis. The incidence and prevalence, causes, symptoms, and effects to patients who have facial nerve paralysis are discussed in this chapter. The literature on facial nerve assessment methods is also discussed.

2.2 Facial Nerve

The facial nerve consists of a motor and also a sensory part, which being frequently described as the nervus intermedius (pars intermedii of Wrisberg). Anatomy of the facial nerve is shown in Figure 2.1. The nerve contains 10,000 fibers out of which 7,000 are myelinated motor fibers (Feghali, Joseph, Fayad Y., & Murphy M., 2013). Most of the motor fibers travel to the extratemporal portion of the facial nerve and innervate the muscle of the face, scalp, and auricle, the buccinators and platysma, the stapedius, the stylohyoideus, and posterior belly of the digastricus (Kecskes, 2012).
Visceral efferent fibers (facial expression muscles, stapedius muscle)
- Visceral motor fibers (lacrimal, salivary glands)
- Special sensory fibers (supplies taste to anterior two thirds of the tongue)

Greater petrosal rem
Geniculate ganglion
Superior salivatory nucleus
Motor nucleus of facial nerve
Chorda tympani nerve
Internal acoustic meatus
tympani nerve

Figure 2.1: Anatomy of facial nerve (Tiemstra & Khatkhate, 2007).

The main function of the facial nerve is to express the voluntary behavior and spontaneous emotions via innervating 23 facial muscles on each side of the face. The facial muscles are inserted directly into the skin and the contraction of these muscles will cause the skin to move. Signals from the complex array of the nerves to the various muscles instruct the muscles to move in combinations and also as individually (Kecskes, 2012).

2.3 Facial Paralysis

Facial paralysis is the loss or impairment of motor function of facial muscles due to damage of the facial nerve (Cranial nerve VII), brainstem nuclei of the facial nerve, and/or the neuromuscular system innervated by this nerve. The degree of paralysis is from minor weakness to complete paralysis depends on the site and extent of the lesion (Dunwald, 2010).

Facial paralysis or facial nerve palsy is a serious problem, for both the afflicted patient and the physician attempting to make a proper diagnosis (Benecke,
Facial paralysis is a disability of communication because as a human, the non-verbal communication is relied on our facial expression which reveals our innermost feelings. Those who work with this facial paralysis patients will aware for the need of rehabilitation in both the physiological and psychosocial aspects of this disability. Restoring the function and expression to the highest level possible will results in improved health, self-esteem, self-acceptance, acceptance by others, and quality of life (Tiemstra & Khatkhate, 2007).

### 2.3.1 Incidence and Prevalence

The annual prevalence of facial paralysis is approximately between 15 to 40 cases per 100,000 in a general population (Kanerva, Poussa, & Pitkaranta, 2006; Meier-Gallati, Scriba, & Fisch, 1998; Ross, Fradet, & Nedzelski, 1996) of which 30% of them will developed a facial nerve paresis with sequelae (asymmetry of the face at rest and during movement, problems with speaking, eating and drinking and psychosocial problems) varying from very mild to very severe (Beurskens, 2004; Peitersen, 1994). Among 400 Dutch physiotherapists (response rate 76%) in 1996, 25% of them were involved in the treatment of patients with facial nerve paresis (Beurskens, 2004).

Both genders are included in this approximation with the peak ages is between 30 to 50 and 60 to 70 years old (Scriba, Stoeckli, Veraguth, Pollak, & Fisch, 1999). By referring to the US Census Bureau in their International Database, extrapolation on incidence rate of Bell’s palsy has been made. Results show that China has the highest incidence rate, which is 191,007 cases followed by India and USA, which have 156,628 and 43,184 respectively.
2.3.2 Causes

Before a patient of facial paralysis undergone the rehabilitation process, the etiology and duration of the paralysis is recorded by clinicians. Some possible causes of facial paralysis are (Benecke, 2002; Kecskes, 2012; Schaitkin & May, 2000).

i) Birth (molding, forceps, Möbius)

ii) Trauma (skull fractures, penetrating injuries, facial injuries)

iii) Neurologic (multiple sclerosis, Guillain-Barre syndrome)

iv) Infection (otitis, mastoiditis, mumps, herpes virus, HIV, Epstein-Barr virus, Lyme disease)

v) Metabolic (diabetes mellitus, thyroid disease, pregnancy)

vi) Neoplastic (schwannoma, paraganglioma, meningioma, carcinoma, leukemia, cholesteatoma)

vii) Toxic (thalidomide, carbon monoxide, tetanus, diphtheria)

viii) Iatrogenic (anesthesia, vaccine, parotid surgery, otology surgery, dental, embolic)

ix) Idiopathic (Bell’s palsy, Melkersson Rosenthal paralysis, autoimmune disease, Guillain-Barre syndrome, multiple sclerosis, sarcoid, osteopetrosis)

The prevalent cause of this paralysis is Bell’s palsy which is about 50% of the cases reported (Beurskens, 2004; Brach & VanSwearingen, 1999). However, it is important for clinicians to consider all potential causes to avoid overlook of any threatening diseases (Bleicher, Hamiel, & Genglon, 1996; Brach & VanSwearingen, 1996). Although at least 80 known causes of facial paralysis exist, the cause of Bell’s palsy remains unknown. Reviews of the literature suggest that no population is immune to idiopathic facial paralysis like Bell’s palsy.
2.3.3 Symptoms

Issues resulting from facial paralysis include those associated with: (a) somatic function, (b) social function, (c) psychological wellbeing, and (d) physiological function (Devriese, 1998). Physical symptoms of facial paralysis in the upper face include the inability to close the eyes and sagging lower eyelid. Tears may run from the affected eye, or alternatively, tearing may be reduced. Failure of the eyelids to completely close, combined with the loss of the blink reflex may cause irritation, exposure keratopathy, corneal ulcerations, and blindness (Tate & Tollefson, 2006).

The sagging of the mouth corner is the most notable characteristic in the lower half of the face. The lack of control over lip closure can result difficulties in eating, drinking, speech (especially with sounds that require the lips such as /p/ and /b/) and control of drooling. Also, the nostril on the affected side may collapse, causing nasal obstruction (Schaitkin & May, 2000). Additionally, patients with facial paralysis associated with inflammation, as in the case with Bell’s palsy and herpes zoster oticus, may have pain in the mastoid process, neck, ear, or the face (Schaitkin & May, 2000). Patients will also develop synkinesis which is one sequelae of facial paralysis (Nakamura, Toda, Sakamaki, Kashima, & Takeda, 2003). Common examples of synkinesis include eye closure with volitional contraction of mouth muscles and involuntary movement of the mouth during eye closure. These abnormal movements in muscle contractions have massive cosmetic and functional implications.
2.3.4 Effects

One of the most socially devastating effects of facial paralysis is the inability to produce facial expression of emotion. Patients commonly report personal and work-related problems as well as limited social integration and interpersonal communication. These problems stem from facial disfigurement and difficulties in eating, drinking and communicating effectively in social settings. Also, people with facial paralysis are often introvert and may become isolated (Goldberg, DeLorie, Zuker, & Mantkelow, 2003).

The face also is a crucial component of beauty, sexual attractiveness, and sexual interest (Ekman, 1986). Therefore, patients with facial paralysis experience pronounce psychological distress. Oftentimes, they must cope with feelings of shame, decreased self-esteem, anxiety, depression, guilt, anger, and/or fear (Devriese, 1998; Ekman, 1986).

Nutritional impairment also may be apparent when facial paralysis exists. Routine and seemingly easy tasks such as eating can be quite challenging for patients with facial paralysis, who often demonstrate swallowing difficulties that occur in both oral and pharyngeal phases of deglutition. More specifically, a survey conducted by Sjogreen, Andersson-Norinder, & Jacobson (2001) revealed that this group has difficulties in the oral phase including getting food off spoon with lips, food and liquid leak out of the corners of the mouth and takes a long time to swallow bites of food. Choking on food and coughing when receiving liquid are some of the problems in the pharyngeal phase of the swallow.

Verbal communication also may be impaired in this population of patients. Bilabial incompetence produces characteristics speech error patterns including substitution, distortions, and omissions of bilabial sounds (/p/, /b/, /m/) and the