Nutrient Content in Malaysia Torch Ginger Flower (*Etlingera elatior*)

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**Abstract (300 words limited)**

Torch ginger flower (*Etlingera elatior*) is a wild and edible flower that can be found in the rainforest of Malaysia. It is used in cooking as a seasoning of nutrition additive and crucial elements in some traditional foods of Malaysia. In this study, nutrient content of *Etlingera elatior* was determined. The proximate composition of protein, fat, dietary fiber, carbohydrate, ash and energy, moisture and vitamin were studied. The results suggest that *Etlingera elatior* has high content of fiber, fat and protein. *Etlingera elatior* are also containing a wide range of constituents such as vitamins. Perhaps these nutritional characteristics can be used as information for the human food and their potential in the food and nutraceutical industries.

**Key words:** Fat, fiber, protein, torch ginger flower, vitamin.