

HEAT EXPOSURE AND ITS HEALTH  
EFFECTS AMONG CONSTRUCTION SITE  
WORKERS

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## **SUPERVISOR'S DECLARATION**

I hereby declare that I have checked this thesis and in my opinion, this thesis is adequate in terms of scope and quality for the award of the degree of Bachelor of Occupational Safety and Health with Honours.

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## **STUDENT'S DECLARATION**

I hereby declare that the work in this thesis is based on my original work except for quotations and citations which have been duly acknowledged. I also declare that it has not been previously or concurrently submitted for any other degree at Universiti Malaysia Pahang or any other institutions.

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## LIST OF SYMBOLS

bpm	Beat per minute
ftm	Feet per minute
°C	Degree Celcius
°F	Fahrenheit
T <sub>db</sub>	Dry Bulb Temperature

## LIST OF ABBREVIATIONS

ACGIH	American Conference of Governmental Industrial Hygienists
AIOH	Australia Institute of Occupational Hygienists
CCOHS	Canadian Centre for Occupational Health and Safety
CDC	Centers for Disease Control and Prevention
CIC	Construction Industry Council
DB	Dry Bulb
DOL	The United States Department of Labor
DOSH	Department of Occupational Safety and Health
FMA	Factory and Machinery Act
HHS	Health and Human Services
HR	Heart Rate
HRI	Heat-Related Illness
HSE	Health and Safety Executive
IHSA	Infrastructure Health and Safety Association
ILO	International Labor Organization
NIOSH	National Institute for Occupational Safety and Health
OSHA	Occupational Safety and Health
OSHS	Occupational Safety and Health Services
OTM	OSHA Technical Manual
PPE	Personal Protective Equipment
RH	Relative Humidity
WBGT	Wet Bulb Globe Temperature