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THE MAKING OF LEADERS THROUGH INVOLVEMENT IN CURRICULAR ACTIVITIES: A SYSTEMATIC LITERATURE REVIEW

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ABSTRACT

The Behaviourist theory explains that leaders are made and not born. Furthermore, the theory describes that an individual can become a leader when he or she is taught how to become one. The theory also suggests that learning through observation enables one to develop themselves as leaders. Therefore, the current systematic literature reviews investigate ways that university students can become leaders by participating in curricular activities. The study used PRISMA as the method to review the literature that was found on the described topic. Ten articles were employed to review the contents that were related to the area of the study. The systematic literature review found three (3) themes and six (6) sub-themes in which students can become leaders by involving themselves in the curricular activities. The study is significant for students who want or have the potential to become leaders in the future.

INTRODUCTION

The systematic literature reviews, as in the current study, investigate students' involvement in the curricular activities that make them able to become leaders. Their involvement when they participate in the activities can be directly or indirectly related to the organisations that they enrol or otherwise. It is believed that by participating in societies at the university, the students can be trained to become good leaders, since the activities teach or coach them to manage their team members. Even if they are not capable of becoming leaders, the curricular activities may develop or sharpen their social skills. The proceeding discussion includes explaining the descriptions of literature review in brief and the purpose of conducting a systematic literature review.

Systematic literature review in brief

Citing Cochrane's systematic literature review as the most appropriate description to explain the nature of the task, explicitly it started with having at least a formulated question that requires a load of literature to be reviewed [1]. The process requires a researcher to critically assess relevant research, and collect and analyse data from the collected studies. Meta-analysis that