

**PHD:
THE AMAZING
JOURNEY**

Volume 4

PHD: THE AMAZING JOURNEY

Volume 4

Puteri Fadzline binti Muhamad Tamyez
Cheng Jack Kie
Muhammad Ashraf Bin Fauri @ Fauzi

Illustration by:
Suraya Hilmi Hazim

Penerbit
Universiti Malaysia Pahang Al-Sultan Abdullah
2024

All right reserved.

Apart from fair dealing for the purpose of study, research, criticism or review, as permitted under the Copyright Act, no part of this book may be reproduced, stored on a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior written permission from Penerbit Universiti Malaysia Pahang Al-Sultan Abdullah, Lebuhraya Tun Abdul Khalil Yaakob, 26300 Gambang, Kuantan, Pahang Darul Makmur.



Cataloguing-in-Publication Data
Perpustakaan Negara Malaysia
A catalogue record for this book is available
from the National Library of Malaysia
ISBN 978-629-7641-38-6

Director Penerbit : Dr. Mel
Chief Editor : M. Azli
Editor : Dhiya
Proofreader : Dhiya, Daniel.A & A.Humaira
Graphic Designer : lutfi
Administration : Zue & N. A. Aryan
Sales & Marketing : N. H.

Share | Like | Tag
Online Shop: <https://msha.ke/penerbitump>
Official Page (FB) : Penerbit UMPSA
Official IG : Penerbitumpsa

Published By
Penerbit
Universiti Malaysia Pahang Al-Sultan Abdullah
Lebuhraya Tun Abul Khalil Yaakob,
26300 Gambang,Kuantan,
Pahang Darul Makmur.
Tel: 09-549 3273 Fax: 09-549 3281

Printing
PNC Printing
No.2, Tingkat Bawah,
Taman Damai Indah, Peramu,
26600, Pekan, Pahang Darul Makmur
Tel: 09-425 2010
E-mail: pnccentre997@gmail.com

TABLE OF CONTENT

PREFACE	vii
ACKNOWLEDGEMENT	ix
MY ROLLER COASTER PhD JOURNEY Dessy Kurnia Sari	1
ACCOMPLISHED ADVENTURE Dudi Pratomo	15
RECIPE FOR THE PERFECT PhD JOURNEY Idola Perdini Putri	25
EMERGING FROM THE SHADOWS, FINDING THE LIGHT AT THE END OF THE PhD TUNNEL Lee Yong Siang	39
I LOST 25 KILOS, THANK YOU PhD Muhamad Idaham bin Umar Ong	55
PHD: DEEPING FAITH AND DRAWING CLOSER TO ALLAH'S GUIDANCE Noor Akma binti Abu Bakar	67
SPINACH Nurhafizah binti Abu Talip@Yusof	93

SUSTAINING SELF-RESILIENCE UPON PROMOTING THE WISDOM OF KNOWLEDGE	113
Nurliana binti Mohd Hassan	
THERE ARE HIDDEN BLESSINGS IN EVERY STRUGGLE, FIRST STEP-TAKE IT OR LEAVE IT!	121
Nurul Ashykin binti Abd Aziz	
TAKE A PhD, LEAVE THE FARMING WORLD	139
Pandapotan Sitompul	
THE FUN BEGINS AT FORTY	155
Roslinazairimah binti Zakaria	
MENGGAPAI PhD: TARBIYAH DALAM KEHIDUPAN	169
Umi Masrom	
LIST OF CONTRIBUTORS	197

ACKNOWLEDGEMENT

Our heartfelt appreciation extends to the Faculty of Industrial Management, particularly to our Dean, Dr. Mohd Hanafiah Ahmad, for the support given that enables this book to be published successfully.

Our undying gratitude echoes towards our 12 esteemed authors; your remarkable stories form vibrantly on this literary canvas. Deep from your heart and soul, each of you have unfolded your strength for the ones you love. That is truly what passion is.

To all readers, whether you have the intention to pursue, have just begun or are already on the challenging path of a PhD, we thank you. May this book shed light on every part of your PhD journey. Let passion guide you in the wonderful world of research and know that your journey reflects the strength of those who shared their experiences in these pages.

Ultimately, our heartfelt thanks to the Almighty, the source of knowledge and wisdom, for His countless blessings and endless mercy that have guided this effort.

**Puteri Fadzline binti Muhamad Tamyez
Cheng Jack Kie
Muhammad Ashraf Bin Fauri @ Fauzi**

MENGGAPAI PhD: TARBIYAH DALAM KEHIDUPAN

Umi Masrom

Ujian-ujian yang diberi oleh Allah itu datang menyapa silih berganti dalam pelbagai bentuk dan rupa. Allah SWT mengurniakan ujian yang berbeza-beza kepada setia insan mengikut tahap kemampuannya. Apa jua ujian yang dihadapi oleh seseorang insan, perlulah ditempuh dengan reda dan mengharap belas ihsan Allah. Allah SWT berfirman dalam Surah Al-Baqarah, ayat 286 yang bermaksud:

“Allah tidak membebani seseorang melainkan apa yang terdaya olehnya, dia mendapat pahala kebajikan yang diusahakannya dan dia juga menanggung dosa kejahatan yang dilakukannya.”

Di Pintu Gerbang

Perjalanan ini secara rasminya bermula pada tahun 2012, atau tarikh tepatnya pada 24 September 2012. Pada tahun 2011, saya memulakan kembali azam saya untuk menyambung pengajian dalam bidang PhD; azam yang telah bermula pada tahun 2008 sejak saya tamat pengajian sarjana, namun terpaksa diketepikan buat seketika. Anak-anak masih terlalu kecil pada waktu itu. Pada tahun ini, anak-anak saya kini berumur antara 2 hingga 7 tahun - Mursyid (tujuh tahun), Mukmin (enam tahun), Musyrif (tiga tahun) dan Auni (dua tahun).

Dengan restu daripada Encik Suami, bermula tahun 2011, saya mula membaca kertas-kertas ilmiah dan jurnal dalam bidang yang saya minati, iaitu *Applied Linguistics*.