

**PHD:
THE AMAZING
JOURNEY**

Volume 3



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Volume 3

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PREFACE

You may encounter many defeats, but you must not be defeated. In fact, it may be necessary to encounter the defeats, so you can know who you are, what you can rise from, how you can still come out of it

- Maya Angelou

Greetings, fellow intellectual explorers, and welcome to the enthralling world of *PhD: The Amazing Journey Volume 3*. If you're reading this, you're either in the middle of a PhD project, thinking about starting one or perhaps seeking some real-life inspiration. Well, you're in the right place. Following the success of the first two volumes, Volume 3 returns with 12 brand-new narratives. These amazing storytellers received their doctoral degrees from distinguished local and international universities, and they are gathered here in this book to pen their own PhD journey.

Within these pages are brilliantly written anecdotes that intertwine stories of realising one's dream; overcoming disappointment, heartbreaks, loss and grief; confronting fear and anxiety; and dealing with stress and mental block, and overflowing excitement, happiness, gratitude and relief. These are also the stories of remarkable endurance, perseverance and conquering defeats, over and over again throughout the PhD voyage.

Say no more, *jom* grab a cup of coffee and a box of chocolate, and let these stories ignite the fire in you, the drive of intellectual pursuit. Be inspired and may this little book be your trusted companion during your trials and turbulences. We wish you the best of luck and may

we have the opportunity to collect your very own PhD story in our future *PhD: The Amazing Journey* series.

**Cheng Jack Kie
Puteri Fadzline Binti Muhamad Tamyez
Muhammad Ashraf Bin Fauri @ Fauzi
September 2024**

ACKNOWLEDGEMENT

We are blessed with the opportunity to gather 12 brand-new narratives for our newest addition, *PhD: The Amazing Journey Volume 3*. First and foremost, thank you to the Faculty of Industrial Management, Universiti Malaysia Pahang Al-Sultan Abdullah, for fostering an environment of creativity; thus, sowing the seeds of ideas for *PhD: The Amazing Journey* series. We are also grateful for all the encouragement and comments for improvement from our colleagues, publisher and our avid readers of *PhD: The Amazing Journey* series. Such unwavering support has motivated us to continue collecting more stories for Volume 3.

Volume 3 is not possible without the contribution of 12 amazing storytellers. Our deepest thanks are extended to all writers whose remarkable stories grace the pages of this book. Your willingness to share the ups and downs of your unique PhD journey has enhanced this collection, and added to the richness and diversity of viewpoints found in each of the chapters. *PhD: The Amazing Journey Volume 3* is a monument to the strength of shared PhD experiences, where each author contributed a distinct voice and perspective to the tapestry of intellectual explorers.

Lastly, we dedicate this book to anyone who is planning or already embarking on this remarkable journey of intellectual pursuit. May *PhD: The Amazing Journey Volume 3* serve as a companion, offering insights and encouragement throughout the highs and lows of this extraordinary endeavour.

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