

# A Study on Contamination of Nitrite in Edible Bird's Nest (Swiftlets)

# Maizatul Farhain Ismail<sup>a</sup>, Nurul 'Azyyati Sabri<sup>a</sup>, Saiful Nizam Tajuddin<sup>a</sup> <sup>a</sup>Faculty of Industrial Sciences & Technology, Universiti Malaysia Pahang, Lebuhraya Tun Razak, 26300 Gambang, Pahang.

## ABSTRACT

Edible bird's nest (EBN) derived from the hardened saliva of swallows and considered as high-end health food with organic nutrients. Excessive of nitrite were found in EBN imported from Malaysia to China in past few years and still an issue till today. Therefore the purpose of this study is to investigate the source of EBN contamination. EBNs were collected in Aspa Cottage, Kuantan and divided into two treatment (a) treated EBN (tEBN), which exposed to bird soil; (b) untreated EBN (uEBN). The nitrite (NO<sub>2</sub>) and nitrate (NO<sub>3</sub>) level were analyzed using ion chromatography for 14 days. Result showed the level of NO<sub>2</sub> and NO<sub>3</sub> level for treated EBN reported significantly more than untreated EBN. The source of NO<sub>2</sub> and NO<sub>3</sub> could have been derived mainly from the bird soil. It is suspected also the color of EBN change from yellowish and brownish simultaneously as levels of NO<sub>2</sub> and NO<sub>3</sub> of EBN increased. Thus, the bird soil could be the source of the NO<sub>2</sub> contamination in EBN.

# METHODS

- The present findings seem to be consistent with those of other studies indicate that bird soil could induce a color change in EBN. • From wet decayed organic of bird soil,  $NO_2^{-1}$  gas would evaporates and this is the main air pollutant in swiftlet farm. In spite of this, it leads to food safety issue as EBN could adsorb  $NO_2^-$  gas. • In general, yellowish and brownish EBNs showed high reading of  $NO_2^-$  and  $NO_3^-$  level compared to some swiftlet house owners claimed that incubating the EBN in bird soil could induce EBNs' color changes from white into yellowish and brownish.

Samples preparations (EBN & wet bird soil)

Samples were placed in a container and put in incubator with temperature of 50°C.

Color of EBNs was monitored;  $NO_2^{-1}$  and  $NO_3^{-1}$  in EBN were analyzed using IC for 14 days.

#### **PRELIMINARY RESULTS & DISCUSSIONS**



- Figure 1: (a) Nitrite  $(NO_2^{-})$  level for treated (tEBN) and untreated EBN (uEBN); (b) Nitrate (NO<sub>3<sup>-</sup></sub>) levels for treated (tEBN) and untreated EBN (uEBN).
- The NO<sub>2</sub><sup>-</sup> and NO<sub>3</sub><sup>-</sup> level for tEBN reported significantly higher more than uEBN.
- The source of  $NO_2^{-1}$  and  $NO_3^{-1}$  could have been derived from ammonia through anaerobic fermentation by the bacteria in bird soil. • A high amount of  $NO_3^-$  from bird soil was triggered to form  $NO_2^{-1}$  under the enzymatic conversion by nitrate reductase. • Nitrate (NO<sub>3</sub><sup>-</sup>) is more stable form of oxidized nitrogen but can be reduced by microbial action to  $NO_2^{-1}$ , which is moderately reactive chemically.

#### CONCLUSION

From this preliminary study, the contamination of  $NO_2^-$  in EBN mainly comes from the bird-soil, which involved enzymatic reaction by bacteria in natural environment at certain temperature, and humidity. Color of EBN also would become an indicator of  $NO_2^{-1}$  level. The higher the level of  $NO_2^{-1}$ , the color of EBN changes from white to yellowish and brownish.

#### REFERENCES

- Administration of Quality Supervision, Inspection and Quarantine (AQSIQ). 2011. Edible-Birdnest (EBN) Processing.
- But, P.P.H., Jiang, R.W., Shaw, P.C. 2013. Edible bird's nests-how do the red ones ged red? J. Ethuopharmacol. 145: 378-80.



Figure 2: (a) Color changes of tEBN induced by bird soil on day 14; (b) No color changes of uEBN on day 14.

Malaysian Standard (MS 2509:2012(P). 2012. Test method for Edible-birdnest (EBN)- Determination for nitrite (NO<sub>2</sub><sup>-</sup>) and nitrate  $(NO_3^-)$  contents.

### **CONTACT INFORMATION**





- Name:
- Faculty:
- Nurul 'Azyyati Binti Sabri Saiful Nizam Bin Tajuddin Faculty of Industrial Sciences & Technology (FIST), UMP. +609-549 2429 +609-549 2766 ainfarhain\_biotech@hotmail.com

Maizatul Farhain Binti Ismail